

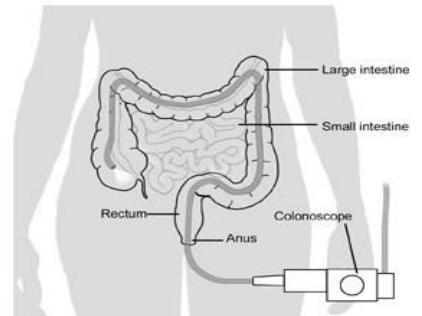
COLONOSCOPY PREP INSTRUCTIONS (CLENPIQ)

<input type="checkbox"/>	Greenbelt Endoscopy Center:	9821 Greenbelt Road, Suite 103, Lanham, MD 20706	301-552-1801
<input type="checkbox"/>	Washington Adventist Hospital:	11890 Healing Way, Silver Spring, MD 20904	240-637-4000
<input type="checkbox"/>	Doctors Community Hospital:	8118 Good Luck Road, Lanham, MD 20706	301-552-8118

DAY: MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

DATE: _____ **ARRIVE AT:** _____ AM / PM **START AT:** _____ AM / PM

You are scheduled to have an exam of your colon with a flexible lighted tube instrument called a colonoscope. You will be given medication prior to your examination that will enable the physician to perform the test with as little discomfort as possible. Because of the medications' sedative properties, **we require you make arrangements for an adult over the age of 18 to accompany you TO and FROM.**



Please do not drive for the rest of the day.

***MEDICATION INSTRUCTIONS:**

- **5 days before your procedure:** No **COUMADIN, PLAVIX, ANTICOAGULANTS** or **IRON SUPPLEMENTS.**
- **3 days before your procedure:** No **ANTI-INFLAMMATORY MEDS.** [i.e. Advil, Aleve, Ibuprofen, Naproxen]
- **1 day before your procedure:** It is **OKAY** to take **ORAL DIABETIC MEDICATIONS** in the **MORNING**, but Please **DO NOT** take **ORAL DIABETIC MEDICATIONS** in the **EVENING.**
(Take 1/2 of insulin in the evening for patients who take insulin.)
- Special Instructions: _____

***THE DAY OF YOUR PROCEDURE:**

- Please **DO NOT** EAT or DRINK ANYTHING, including **WATER.**
- Please **DO NOT** TAKE any ORAL MEDICATIONS, including **ASPIRIN.**
- * If you normally take **BLOOD PRESSURE** medication(s), please continue as usual, but with a small sip of water.
- * **DIABETICS**, please do not take any diabetic meds, but monitor your blood sugar & update the nurse at the facility.



*** IF YOU ARE UNABLE TO KEEP YOUR APPOINTMENT, PLEASE LET US KNOW AT LEAST 3 BUSINESS DAYS PRIOR TO YOUR APPOINTMENT. FAILURE TO DO SO WILL RESULT IN A \$100 CANCELLATION FEE.**

*** IF YOU HAVE ANY QUESTIONS OR CONCERNS, PLEASE CALL THE OFFICE 301-715-3744 OPTION # 3.**

ONE DAY BEFORE YOUR PROCEDURE

YOU NEED TO BE ON A CLEAR LIQUID DIET ALL DAY LONG (24 HOURS).

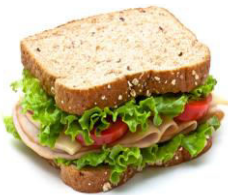
YOU MAY HAVE:

WATER, TEA, BLACK COFFEE, SODAS, GATORADE, JUICES, CLEAR HARD CANDIES, CLEAR SOUP BROTH, BOUILLON CUBES, POPSICLES AND JELL-O.



YOU MAY NOT HAVE:

SOLID FOOD



ALCOHOL



DAIRY





FRUIT



***THE DAY BEFORE YOUR COLONOSCOPY, THE COLON NEEDS TO BE COMPLETELY EMPTIED BY BEDTIME, WITH A LAXATIVE BOWEL PREPARATION. WHEN WASTE IS LEFT IN THE COLON, THE PHYSICIAN CANNOT SEE THE COLON PROPERLY, WHICH COULD LEAD TO A POTENTIALLY INACCURATE EXAM AND MAY NECESSITATE A SECOND EXAM LATER. INDIVIDUAL RESPONSES TO LAXATIVES VARY SO PLEASE STAY CLOSE TO THE RESTROOM.**

CLENPIQ INSTRUCTIONS –

Evening before your colonoscopy	Morning of your colonoscopy
<input type="checkbox"/> Drink one bottle of CLENPIQ Drink CLENPIQ right from the bottle	<input type="checkbox"/> Drink the other bottle of CLENPIQ Drink CLENPIQ right from the bottle
Then, keep hydrating Drink 5 cups (8 oz each) of clear liquid. <i>Check off the cups below as you go!</i>	Then, keep hydrating Drink at least 3 cups (8 oz each) of clear liquid. <i>Check off the cups below as you go!</i>
	
Start: _____ : _____ Finish: _____ : _____	Start: _____ : _____ Finish: _____ : _____
	OR MORE