

E.G.D. PREP INSTRUCTIONS



Procedure Location:

<input type="checkbox"/>	Greenbelt Endoscopy Center:	9821 Greenbelt Road, Suite 103, Lanham, MD 20706	301-552-1801
<input type="checkbox"/>	Washington Adventist Hospital:	7600 Carroll Avenue, Takoma Park, MD 20912	301-891-7600
<input type="checkbox"/>	Doctors Community Hospital:	8118 Good Luck Road, Lanham, MD 20706	301-552-8118

DAY: MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

DATE: _____ **ARRIVE AT:** _____ AM / PM **START AT:** _____ AM / PM

***FIVE (5) DAYS BEFORE YOUR PROCEDURE:** Please avoid any of the following:
IRON SUPPLEMENTS, COUMADIN, PLAVIX, or ANY ANTICOAGULANTS.

***THREE (3) DAYS BEFORE YOUR PROCEDURE:** Please avoid any anti-inflammatory medications [i.e. ADVIL, ALEVE, IBUPROFEN, NAPROXEN, etc.].

***ONE (1) DAY BEFORE YOUR PROCEDURE:**

-Normal diet during the day, but please **DO NOT** eat or drink anything after midnight.

***THE DAY OF YOUR PROCEDURE:**

- Please **DO NOT** eat or drink anything, including **WATER**.
- Please **DO NOT** take any oral medications, including **ASPIRIN**.
- If you normally take **BLOOD PRESSURE** medication(s), please continue to take as usual, but with a small sip of water.
- Diabetics, please do not take any diabetic medications, but monitor your blood sugar, and let the nurse know when you arrive for your procedure.
- Please make sure you arrange for someone to drive you to and from your procedure and please do not drive for the rest of the day.

**IF YOU ARE UNABLE TO KEEP YOUR PROCEDURE APPOINTMENT,
PLEASE NOTIFY US AT LEAST 3 BUSINESS DAYS PRIOR TO YOUR APPOINTMENT
IN ORDER TO AVOID A \$100 CANCELLATION FEE.**

If you have any questions, please call (301) 715-3744, option 3.