

Small Bowel Capsule Endoscopy Information



How does the Small Bowel Capsule Endoscopy procedure work?

Small antenna leads are placed on the patient's chest and abdomen. These leads connect to a recorder that is worn around the patient's waist. The patient swallows the Small Bowel Capsule with water. A viewer is used to make sure that the capsule is properly moving through the digestive system. The capsule takes pictures as it moves through the digestive tract. After 8 hours of wearing the recorder, it can be removed along with the antenna leads. The recorder is returned to your physician so that the images from it can be downloaded to a computer for interpretation.

Pre-Procedure Instructions:

- *Clear liquid diet after 8:00 PM the night before the procedure.
- *Nothing in your system (no more clear liquids) after midnight.
- *No medication the morning of the procedure.
- *Wear comfortable loose fitting clothing the day of your procedure.
- *Bring your photo ID and insurance card.
- *Please notify us if you are pregnant, have a pacemaker or AICD, have an implanted electrical device, or difficulty swallowing.



Post-Procedure Instructions:

- *Make an appointment for a one month follow up visit with your gastroenterologist to go over the capsule results.
- *Avoid exercise and heavy lifting for 8 hours.
- *Avoid getting leads wet.
- *Avoid MRI machine (**for 72 hours or 3 days after procedure**).
- *2 hours after = clear liquid diet (water, ginger ale, apple juice, or chicken broth).
- *4 hours after = light snack (chips, crackers, Jell-O, or fruit)
= resume medications after eating your snack.
- *8 hours after = turn off recorder, remove the sensors, resume normal activities and resume normal diet.
- *Patient should pass the capsule with a normal bowel movement, 24-48 hours.

